

SPRINT

<i>WAVE</i>	<i>CATEGORY</i>	<i>ROLLING TIME</i>
<i>1</i>	<i>MALES U30</i>	<i>11:30AM</i>
<i>2</i>	<i>MALES 30-39</i>	<i>11:33AM</i>
<i>3</i>	<i>MALES 40+ & CLYDES</i>	<i>11:36AM</i>
<i>4</i>	<i>FEMALES U40</i>	<i>11:39AM</i>
<i>5</i>	<i>FEMALES 40+ & ATHENAS, MATES, TEAMS</i>	<i>11:42AM</i>

IT IS COMPULSORY FOR SAFETY REASONS THAT ALL COMPETITORS WEAR A SWIM CAP

Help us reduce single use plastics at our events by reusing swim caps.

You can bring one from home or purchase one on the day.

SUPER SPRINT

<i>WAVE</i>	<i>CATEGORY</i>	<i>ROLLING TIME</i>
<i>1</i>	<i>MALE & FEMALE U20</i>	<i>10:00AM</i>
<i>2</i>	<i>FEMALES 20+ & ATHENAS</i>	<i>10:03AM</i>
<i>3</i>	<i>MALES 20+ & CLYDES, MATES, TEAMS</i>	<i>10:06AM</i>

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CLASSIC

<i>WAVE</i>	<i>CATEGORY</i>	<i>ROLLING TIME</i>
<i>1</i>	<i>OPEN MALE & FEMALE</i>	<i>10:30AM</i>
<i>2</i>	<i>ALL MALES</i>	<i>10:33AM</i>
<i>3</i>	<i>ALL FEMALES MATES & TEAMS</i>	<i>10:36AM</i>
<i>4</i>	<i>AQUABIKE</i>	<i>10:40AM</i>

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STANDARD

<i>WAVE</i>	<i>CATEGORY</i>	<i>ROLLING TIME</i>
1	MALES U40	11:00AM
2	MALES 40+ & CLYDES	11:03AM
3	ALL FEMALES & ATHENAS, MATES, TEAMS	11:06AM

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