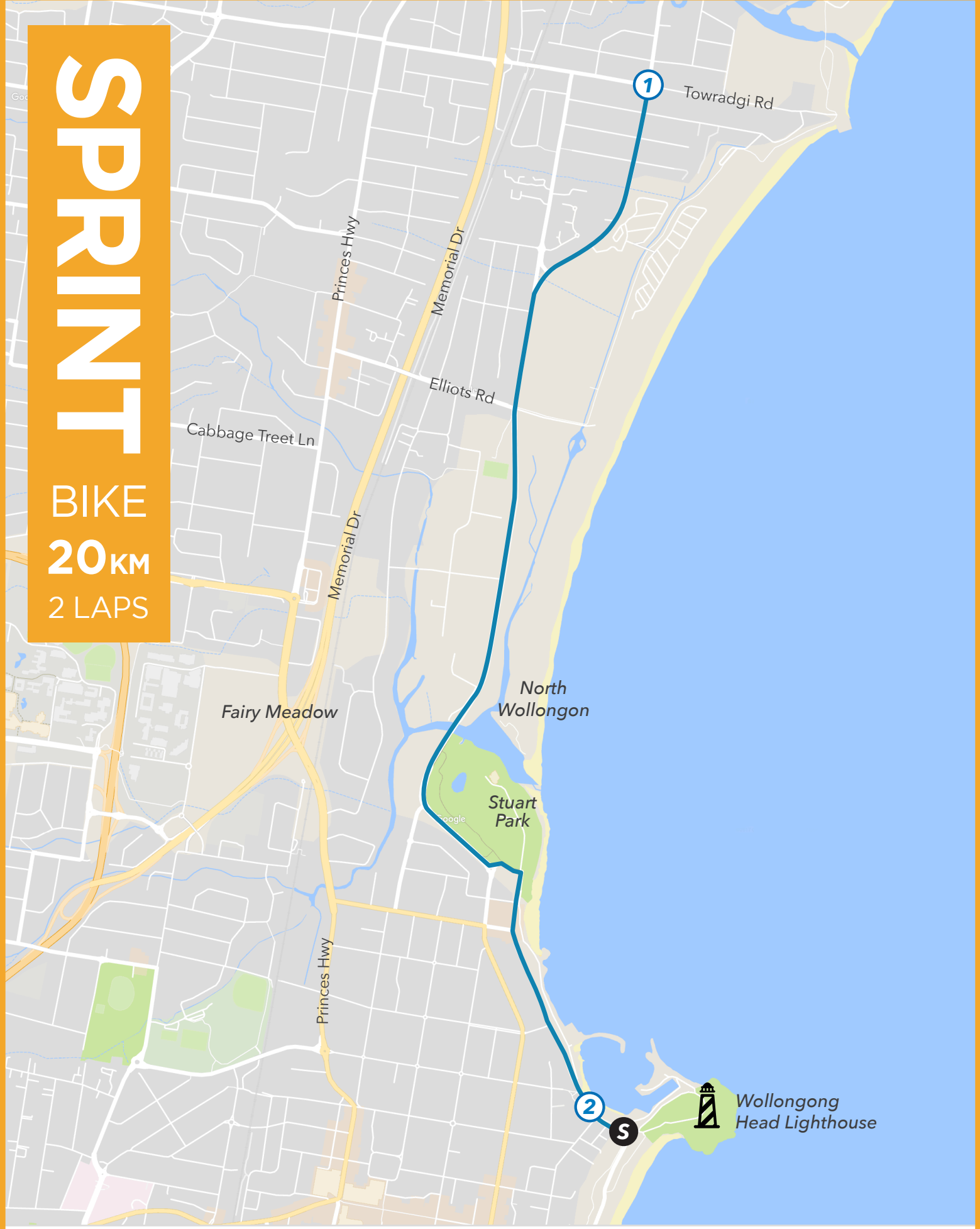
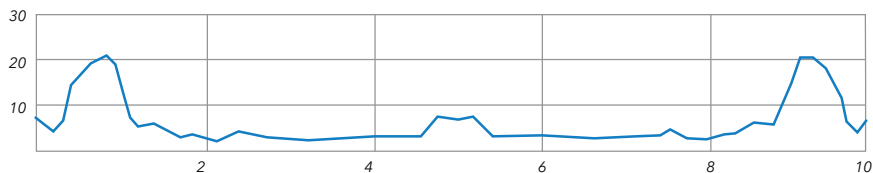


SPRINT

BIKE
20 KM
2 LAPS



BIKE COURSE ELEVATION



- S** START
- F** FINISH
- 1** BIKE TURN

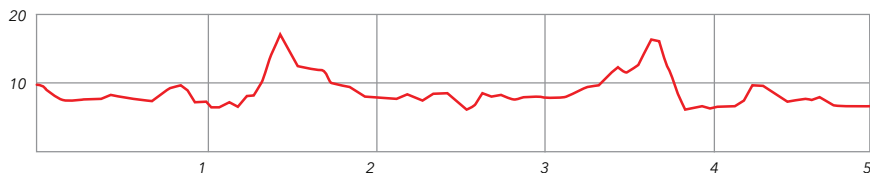
Peoplecare
TRI THE GONG
SWIM . BIKE . RUN

SPRINT

RUN
5KM
1 LAP



RUN COURSE ELEVATION



- S** START
- F** FINISH
- 1** RUN TURN

Peoplecare
TRI THEGONG
SWIM . BIKE . RUN