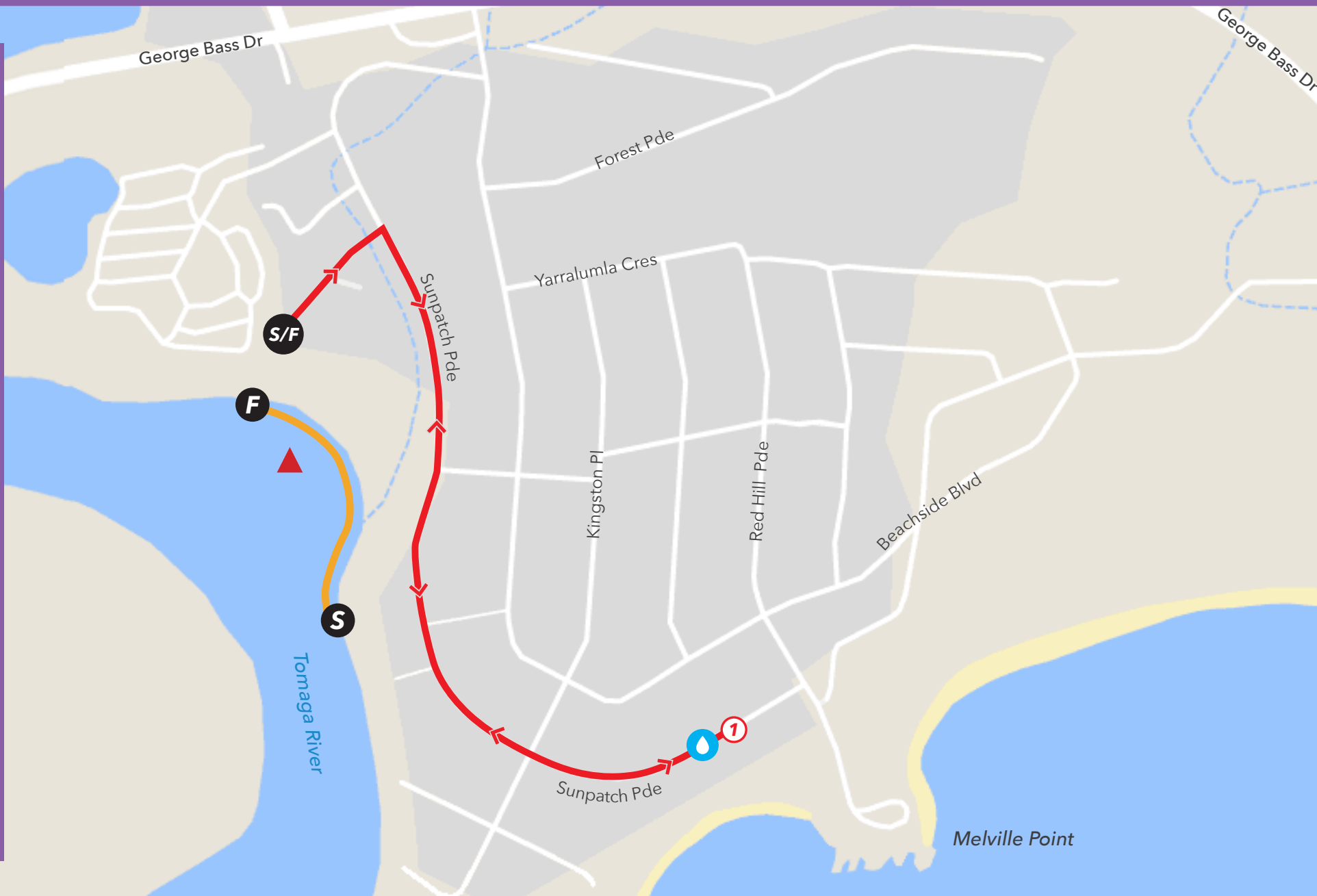


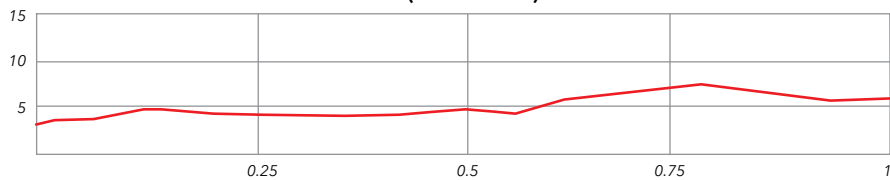
SUPER SPRINT

RUN
2 KM

SWIM
300 M



RUN COURSE ELEVATION (PER LAP)



S START
F FINISH

1 RUN TURN
AID STATION
SWIM BUOYS

RUN
SWIM

TRI BATEMANS BAY
SWIM.BIKE.RUN