

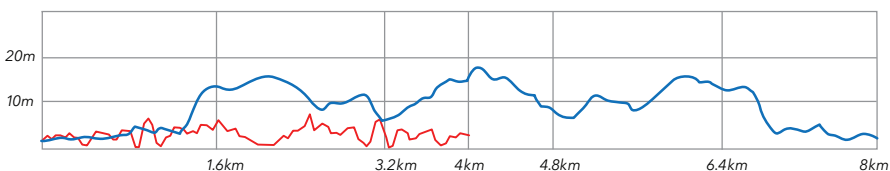
# TRI WYONG

SWIM . BIKE . RUN

# CLUB



### COURSE ELEVATION PER LAP



### COURSE DISTANCES

- █ 1KM SWIM 2 LAPS
- █ 30KM BIKE 4 LAPS
- █ 8KM RUN 2 LAPS

- T** TRANSITION
- F** FINISH
- AID STATION
- 1** TURN